

LAKE ASSESSMENT REPORT FOR LAKE CYPRESS IN HILLSBOROUGH COUNTY FLORIDA

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INTRODUCTION

This assessment was conducted to update existing physical and ecological data for Lake Cypress on the Hillsborough County Watershed Atlas (<http://www.hillsborough.wateratlas.usf.edu/>). The project is a collaborative effort between the University of South Florida's Center for Community Design and Research and Hillsborough County Stormwater Management Section. The project is funded by Hillsborough County and the Southwest Florida Water Management District's Northwest Hillsborough, Hillsborough River and Alafia River Basin Boards. The project has, as its primary goal, the rapid assessing of up to 150 lakes in Hillsborough County during a five year period. The product of these investigations will provide the County, lake property owners, and the general public a better understanding of the general health of Hillsborough County lakes, in terms of shoreline development, water quality, lake morphology (bottom contour, volume, area etc.) and the plant biomass and species diversity. These data are intended to assist the County and its citizens to better manage lakes and lake centered watersheds.

Figure 1. General photo of Lake Cypress (7/20/06).



The first section of the report provides the results of the overall morphological assessment of the lake. Primary data products include: a contour (bathymetric) map of the lake, area, volume and depth statistics, and the water level at the time of assessment. These data are useful for evaluating trends and for developing management actions such as plant management where depth and lake volume are needed.

The second section provides the results of the vegetation assessment conducted on the lake. These results can be used to better understand and manage vegetation in your lake. A list is provided with the different plant species found at various sites around the lake. Potentially invasive, exotic (non-native) species are identified in a plant list and the total non-native is presented in a summary table. Watershed values provide a means of reference and are derived from the lakes assessed during the 2006 lake assessment project in that watershed.

The third section provides the results of the water quality sampling of the lake. Both field data and laboratory data are presented. The trophic state index (TSI)ⁱ is used to develop a general lake health statement, which is calculated for both the water column with vegetation and the water column if vegetation were removed (adjusted TSI – Adj_TSI). These data are a combination of the water chemistry and vegetative submerged biomass assessments and are useful in understanding the results of certain lake vegetation management practices.

The intent of this assessment is to provide a starting point from which to track changes in your lake, and where previous comprehensive assessment data is available, to track changes in the lake's general health. These data can provide the information needed to determine changes and to monitor trends in physical condition and ecological health of the lake.

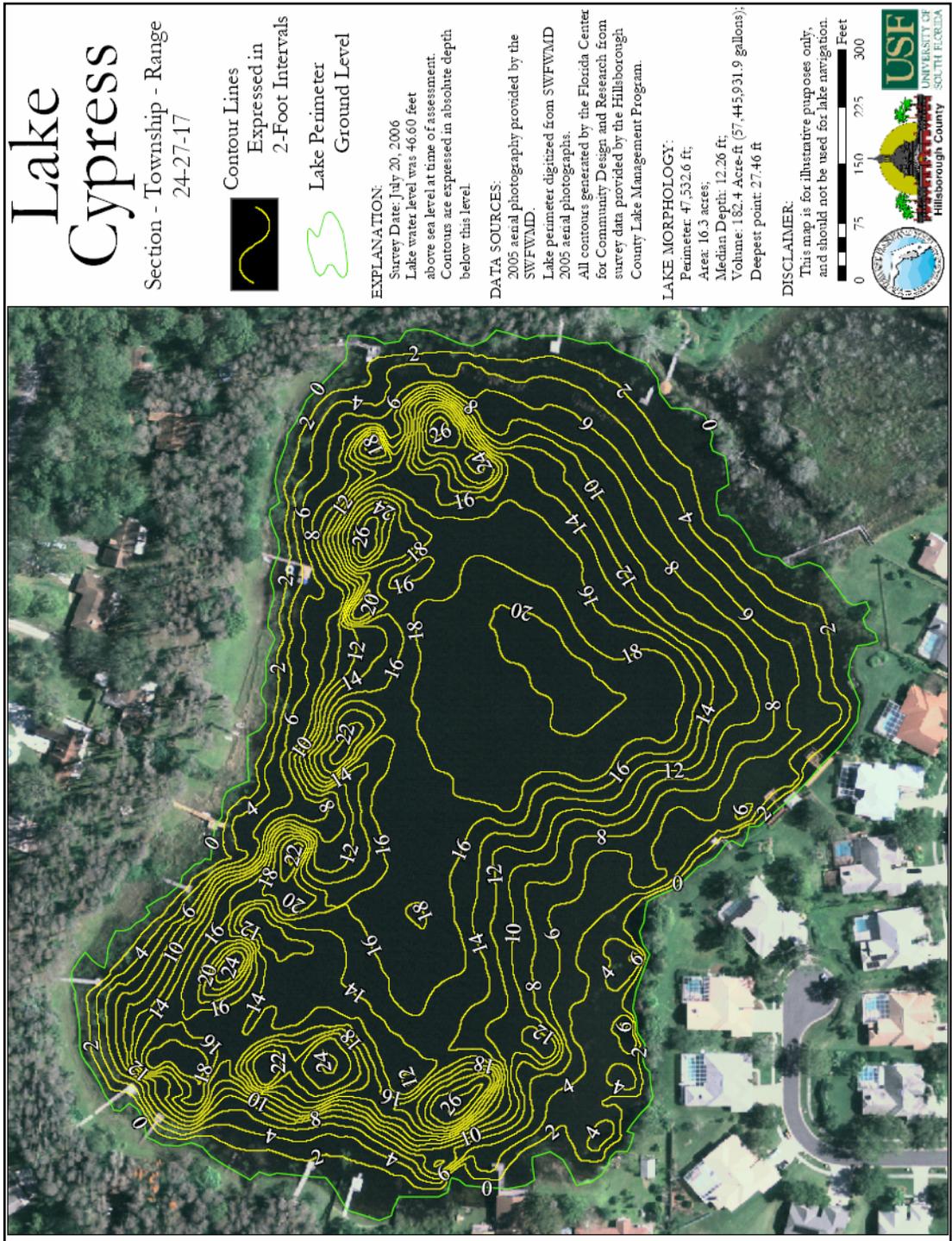
Section 1: Lake Morphology

Bathymetric Mapⁱⁱ. The bottom of the lake was mapped using a Lowrance LCX 26C HD Wide Area Augmentation System (WAAS)ⁱⁱⁱ enabled Global Positioning System (WAAS-GPS) with fathometer (bottom sounder) to determine the boat's position, and bottom depth in a single measurement. The result is an estimate of the lake's area, mean and maximum depths, and volume and the creation of a bottom contour map (Figure 2). Besides pointing out the deeper fishing holes in the lake, the morphologic data derived from this part of the assessment can be valuable to overall management of the lake vegetation as well as providing flood storage data for flood models. Table 1 provides the lake's morphologic parameters in various units.

Table 1. Lake Area Depth and Volume

Parameter	Feet	Meters	Acres	Gallons
Surface Area (sq)	2414806.56	66082.39	16.33	
Mean Depth	12.06			
Maximum Depth	19.7			
Volume (cubic)	7946710.1	55124.69		59445931.9
Gage Reading (feet above datum)	46.6			

Figure 2. Contour map for Cypress Lake. The lake was mapped during the 2006 lake assessment project. A differential global positioning system and fathometer combination instrument was used to obtain simultaneous horizontal and vertical measurements.



Section 2: Lake Ecology (vegetation)

The lake's apparent vegetative cover and shoreline detail are evaluated using the aerial shown in Figure 3 and by use of GPS. Submerged vegetation is determined from evenly spaced contours sampled using a Lowrance 26c HD, combined DGPS/fathometer described earlier. Ten vegetation assessment sites were used for Lake Cypress (Figure 3) as dictated by the *Lake Assessment Protocol* (copy available on request) for a lake of this size. The site positions are set using a DGPS and then loaded into a GIS mapping program (ArcGIS) for display. Each site is field sampled in the three primary vegetative zones (emergent, submerged and floating). The latest aerials (2005, 6 inch resolution, SWFWMD aerials) are used to provide shore details (docks, structures, vegetation zones) and to calculate the extent of surface vegetation coverage. The primary indices of submerged vegetation cover and biomass for the lake, percent area coverage (PAC) and percent volume infestation (PVI), are determined by transiting the lake by boat and employing a fathometer to collect "hard and soft return" data. These data are later analyzed for presence and absence of vegetation and to determine the height of vegetation if present. The PAC index is determined from the presence and absence analysis of 100 sites in the lake and the PVI index is determined by measuring the difference between hard returns (lake bottom) and soft returns (top of vegetation) for sites (within the 100 analyzed sites) where plants are determined present.

The data collected during the site vegetation sampling include vegetation type, exotic vegetation, predominant plant species and submerged vegetation biomass. The total number of species from all sites is used to approximate the total diversity of aquatic plants and the total non-native plants on the lake (Table 2). The Watershed value in Table 2 only includes lakes sampled during the lake assessment project begun in May of 2006. These data will change as additional lakes are sampled. Tables 3 through 5 detail the results from the 2006 aquatic plant assessment for you lake. These data are determined from the 10 sites used for intensive vegetation surveys.

The tables are divided into Floating Leaf, Emergent and Submerged plants and contain the plant code, species, common name and presence (1) or absence (blank) of species and the calculated percent occurrence (number sites species is found/number of sites) and type of plant (Native, Non-Native, Invasive, Pest). In the "Type" category, the term invasive indicates the plant is commonly considered invasive in this region of Florida and the term "Pest" indicates that the plant has a greater than 55% occurrence in your lake and is also considered a problem plant for this region of Florida, or in a non-native invasive that is or has the potential to be a problem plant in your lake and has at least 40% occurrence. These two terms are somewhat subjective; however, they are provided to give lake property owners some guidance in the management of plants on their property. Please remember that to remove or control plants in a wetland (lake shoreline) in Hillsborough County the property owner must secure an [Application To Perform Miscellaneous Activities In Wetlands](http://www.epchc.org/forms_documents.htm) (http://www.epchc.org/forms_documents.htm) permit from the Environmental Protection Commission of Hillsborough and for management of in-lake vegetation outside the wetland fringe (for lakes with an area greater than 10 acres), the property owner must secure a Florida Department of Environmental Protection permit (<http://www.dep.state.fl.us/lands/invaspec/>).

Table 2 Total diversity, Total Non-Native, and number of EPPC pest plants.

Parameter	Lake	Watershed
Total Plant Diversity (# of Taxa)	51	116
Total Non-Native Plants	10	16
Total Pest Plant Species	2	14

Figure 3. 2005 six inch resolution aerial and vegetation assessment sites on Lake Cypress.

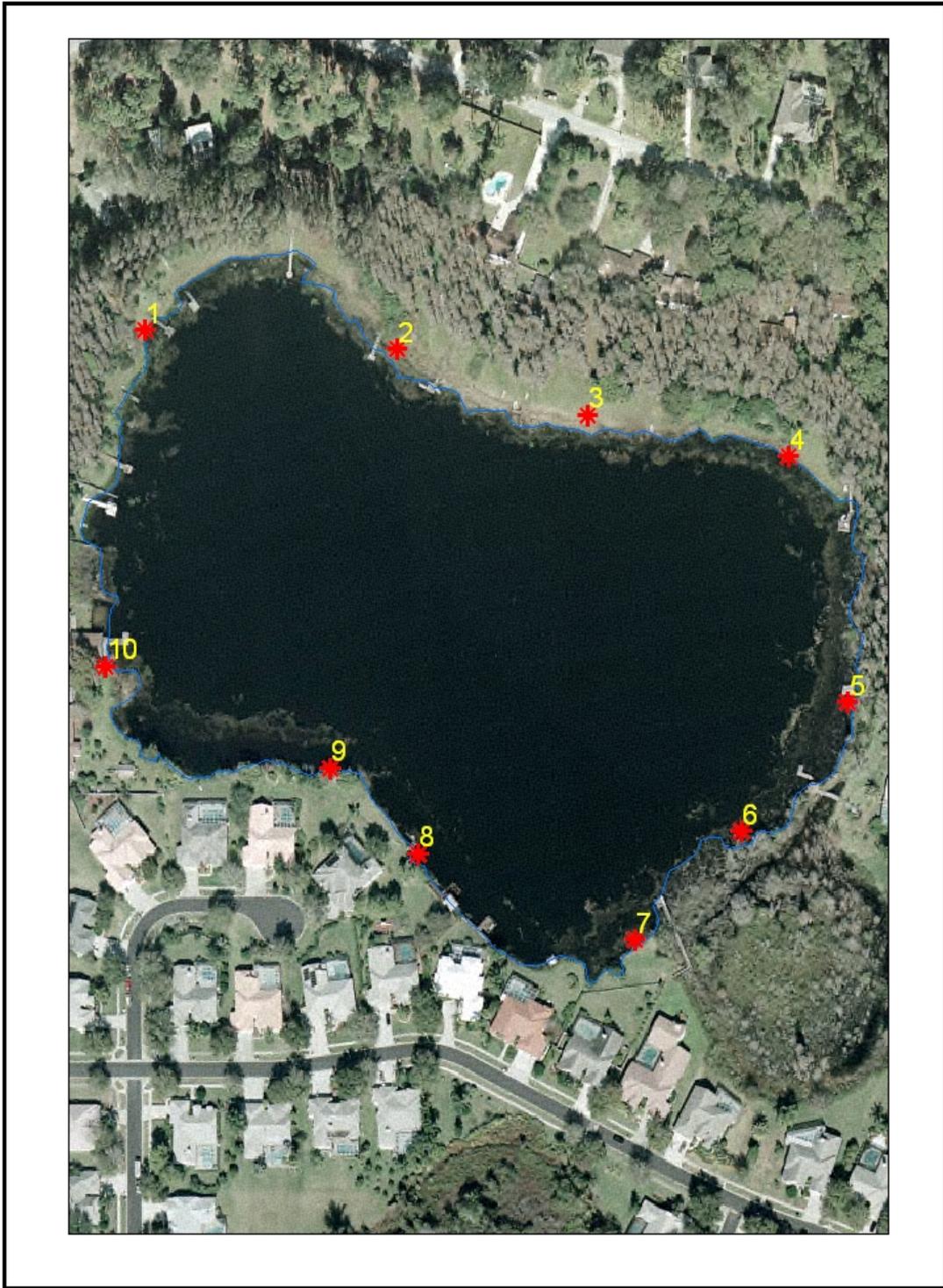


Table 3. List of Floating Leaf Zone Aquatic Plants Found in Lake Cypress.

Code	Plant Species	Common Name	1	2	3	4	5	6	7	8	9	10	% Occurrence	Non-Native (NN), Native (N), Invasive (I), Pest (P)
NOA	<i>Nymphaea odorata</i>	American White Water lily, Fragrant Water Lily	1	1	1	1	1	1	1	1	1	1	100%	Native
HYE	<i>Hydrocotyl umbellata</i>	Manyflower Marshpennywort, Water Pennywort	1	1	1	1	1	1	1	1		1	90%	Native
NLM	<i>Nuphar lutea</i> var. <i>advena</i>	Spatterdock, Yellow Pondlily										1	10%	Native



Figure 4- American White Water Lily, *Nymphaea Odorata*, on Lake Cypress.

Table 4 List of Emergent Zone Aquatic Plants Found in Lake Cypress.

Code	Plant Species	Common Name	1	2	3	4	5	6	7	8	9	10	% Occurrence	Non-Native (NN), Native (N), Invasive (I), Pest (P)
LOP	Ludwigia spp.	Water Primroses, Primrosewillow	1	1	1	1	1	1	1	1	1	1	100%	Native
PHN	Panicum hemitomon	Maidencane	1	1	1	1	1	1	1	1	1	1	100%	Native
EBI	Eleocharis baldwinii	Baldwin's Spikerush, Roadgrass	1	1	1	1	1	1	1		1	1	90%	Native
MSS	Mikania scandens	Climbing Hempvine	1	1	1	1	1		1	1	1	1	90%	Native
PCA	Pontederia cordata	Pickerel Weed	1	1		1	1	1	1	1	1	1	90%	Native
FSC	Fuirena spp.	Rush Fuirena	1	1	1	1	1	1	1			1	80%	Native
SLA	Sagittaria lancifolia	Bulltongue Arrowhead, Duck Potato	1	1	1	1	1		1		1	1	80%	Native
PRS	Panicum repens	Torpedo Grass	1	1	1			1		1	1	1	70%	NN-I-P
BLS	Blechnum serrulatum	Swamp Fern		1		1	1	1	1		1	1	70%	Native
TAS	Taxodium ascendens	Pond Cypress	1	1	1	1	1	1				1	70%	Native
COS	Cephalanthus occidentalis	Common Buttonbush		1			1	1	1		1		50%	Native
CYO	Cyperus odoratus	Fragrant Flatsedge	1					1	1		1	1	50%	Native
TYP	Typha spp.	Cattails					1	1	1	1	1		50%	Native
WAX	Myrica cerifera	Wax Myrtle	1	1		1		1	1				50%	Native
WTA	Sphagneticola trilobata (Wedelia)	Creeping Oxeye	1			1				1	1		40%	NN-I-P
BMI	Bacopa monnieri	Common Bacopa, Herb-Of-Grace	1		1	1			1				40%	Native

CAA	Centella asiatica	Asian Pennywort, Coinwort, Spadeleaf	1		1	1				1					40%	Native
DVA	Diodia virginiana	Buttonweed	1		1	1				1					40%	Native
SSM	Sapium sebiferum	Popcorn Tree, Chinese Tallow Tree	1	1		1									30%	NN-I
ACE	Acer rubrum var. trilobum	Southern Red Maple					1	1	1						30%	Native
RHY	Rhynchospora spp.	Beaksedge							1				1	1	30%	Native
BMA	Urochloa mutica	Para Grass			1	1									20%	NN-I
CCA	Cinnamomum camphora	Camphor-tree	1											1	20%	NN-I
CYP	Cyperus spp.	Sedge										1	1		20%	Native
EAA	Eclipta alba (prostrata)	False Daisy, Yerba De Tajo	1		1										20%	Native
ICE	Ilex cassine	Dahoon Holly					1		1						20%	Native
LCA	Lachnanthes caroliniana	Carolina Redroot			1		1								20%	Native
LRS	Ludwigia repens	Creeping Primrosewillow, Red Ludwigia								1			1		20%	Native
PIN	Pinus spp.	Pine Tree									1		1		20%	Native
PNA	Phyla nodiflora	Frog-fruit, Carpetweed, Turkey Tangle Fogfruit	1		1										20%	Native
QLO	Quercus laurifolia	Laurel oak					1					1			20%	Native
APS	Alternanthera philoxeroides	Alligator Weed									1				10%	NN-I
MEL	Melaleuca quinquenervia	Punk Tree, Melaleuca			1										10%	NN-I
PGA	Psidium guajava	Guava					1								10%	NN-I

STS	Schinus terebinthifolius	Brazilian Pepper		1											10%	NN-I
URL	Urena lobata	Caesar's Weed				1									10%	NN-I
AST	Aster spp.	Aster spp., Elliot's Aster	1												10%	Native
COM	Commelina spp.	Dayflower			1										10%	Native
MVA	Magnolia virginiana	Sweetbay Magnolia								1					10%	Native
PBA	Persea borbonia	Redbay	1												10%	Native
SAG	Sagittaria ssp.	Arrowhead				1									10%	Native
SAM	Sambucus canadensis	Elderberry												1	10%	Native
TGA	Thalia geniculata	Fireflag, Arrowroot												1	10%	Native
XYR	Xyris spp.	Yellow-eyed Grass				1									10%	Native



Figure 5- Creeping Oxeye (*Sphagneticola trilobata*) on the shores of Lake Cypress.

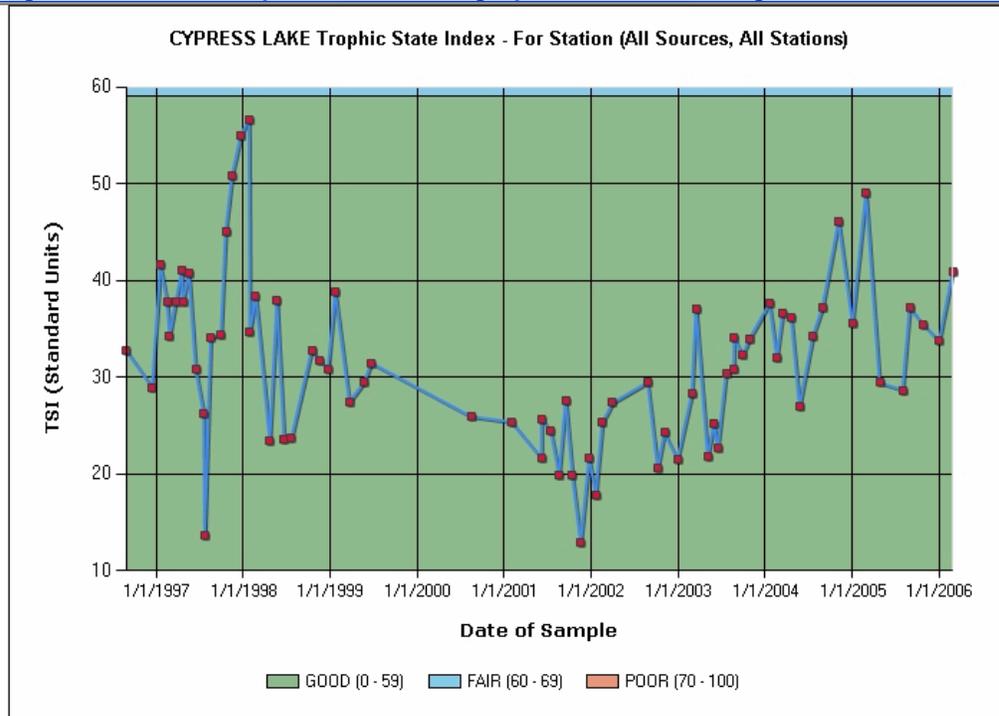
Table 5 List of Submerged Zone Aquatic Plants Found in Lake Cypress.

Code	Plant Species	Common Name	1	2	3	4	5	6	7	8	9	10	% Occurrence	Non-Native (NN), Native (N), Invasive (I), Pest (P)
NIT	Nitella spp.	Nitella	1					1					20%	N-I
UTA	Utricularia spp.	Bladderwort						1	1	1	1	1	50%	Native
MAF	Mayaca fluviatilis	Stream Bog Moss	1			1						1	30%	Native
ALG	Algal Spp.	Algal Mats, Floating					1		1				20%	Native

Section 3: Lake Water Chemistry

A critical element in any lake assessment is the long-term water chemistry data set. The primary source of water quality trend data for Florida lakes, is the Florida LAKEWATCH volunteer and the Florida LAKEWATCH water chemistry data. Hillsborough County is fortunate to have a large cadre of volunteers who have collected lake water samples for significant time period. These data are displayed and analyzed on the Water Atlas as shown in Figure 6 for Lake Cypress. Additional data, when available, is also included on the Water Atlas; however, the LAKEWATCH data remains the primary source. By the trend data shown in Figure 6, the lake may be considered good health in terms of the trophic state index. Cypress Lake is a clear water lake and as such it must maintain a TSI of below 40 to not be considered impaired by the State of Florida guidelines^{iv}. Cypress Lake's long term water quality data shows only two violations in the past five years and the lake should not be classified by Florida DEP as impaired based on these data; however the trend data also shows an increase in TSI since 2001. This more recent trend of increased TSI corresponds to general changes in the Brooker Creek watershed. This trend should be closely monitored.

Figure 6. Recent Trophic State Index graph from Hillsborough Watershed Atlas.



Note: The graph above includes benchmarks for using verbal descriptors of "good", "fair" and "poor". The verbal descriptors for these benchmarks are based on an early determination by stakeholders of the generally acceptable and understood terms for describing the state of lakes. The same benchmarks are used for nutrient graphs (Nitrogen and Phosphorus), chlorophyll graphs and trophic state index (TSI) graphs. The TSI is a calculated index of lake condition based on nutrient and chlorophyll (a) concentrations (please see "Learn more about Trophic State Index"). The benchmarks are established based on the TSI range that relates to a specific descriptor. The source for the TSI concentration relationships is the [Florida Water Quality Assessment, 1996, 305\(b\)](#) (Table 2-8). For many lakes there is more than a single source of water quality data. You have the option with the "Select Data Source" drop down to select any available data source and create the graph using that source or you may select "All" to graph all available data. The graph header will also change to reflect the source used.

As part of the lake assessment, the physical water quality and water chemistry of a lake are measured. These data only indicate a snap shot of the lakes water quality; however they are useful to comparing to the trend data. Table 7A contains the summary water quality data and index values and adjusted values calculated from these data. The total phosphorus (TP), total nitrogen (TN) and chlorophyll (a) water chemistry sample data are the results of chemical analysis of samples taken during the assessment and analyzed by the Hillsborough County Environmental Protection Commission laboratory. These data compare well with the mean data from the LAKEWATCH data set for the lake during a similar period in 2006. For example, the trophic state index (TSI) calculated from the sample data (34) is within the TSI values shown in Figure 6 for a similar period. Table 7B contains the field data taken in the center of the lake using a YSI Corporation – 6000 multi-probe which has the ability to directly measure the temperature, pH, dissolve oxygen (DO), percent DO (calculated from DO, temperature and conductivity) and Turbidity. These data are listed for three levels in the lake and twice for the surface measurement. The duplicate surface measurement was taken as a quality assurance check on measured data.

Table 7A. Water Quality Parameters (Laboratory)

Summary Table for Water Quality		
Parameter	Value	Comment
TP ug/L	10.00	
TN mg/L	0.542	
Chla ug/L	4.4	
Chla TSI	38.14	
TP TSI	30.54	
TN TSI	43.87	
Secchi Disk (SD)	7' 6"	
TSI	34.34	P Limited
PAC	56%	
PVI	16%	
Adj TP	2.96	P from Veg Added
Adj TN (mg/L)	0.04	
Adj Chla (ug/L)	0.08	
Adj TSI	37.52	With additional P

Table 7B. Water Quality Parameters (Field – YSI)

Sample Location	Time	Temp (°C)	Conductivity (mS/cm3)	Dissolved Oxygen (%)	DO (mg/L)	PH (PH)	ORP (ORP)	Turbidity (NTU)	Secchi Depth
Surface	12:19	31.56	0.265	94.2	6.94	6.11	285.5	-0.1	
Mid	12:19	31.08	0.265	94.8	7.03	6.11	292.2	-0.1	
Bottom	12:19	30.66	0.264	56.4	4.18	5.76	291.9	1.5	
Surface	12:19	31.76	0.265	94.3	6.92	6.11	283.5	0	
Mean		31.265	0.26475	84.925	6.2675	6.0225	288.275	0.325	8' 3"

Table 6 also provides data derived from the vegetation assessment which is used to determine an adjusted TSI. This is accomplished by calculating the amount of phosphorus that could be released by existing submerged vegetation if this vegetation were treated with an herbicide or managed by the addition of Triploid grass carp (*Ctenopharyngodon idella*). While it would not be expected that all the vegetation would be turned into available phosphorus by these management methods, the data is useful when planning various management activities. Approximately 56% of the lake has submerged vegetation present and this vegetation represents about 16% of the available lake volume. The vegetation holds enough phosphorus to add about 2.96 µg/L of the

nutrient to the water column. Because the growth of algae in the water is regulated by the availability of phosphorus (the lake is phosphorus limited), the release of this phosphorus would stimulate algal growth. These changes in the water chemistry and biology would be indicated by an increased TSI from 34 to about 38. The lake water clarity which is indicated by the Secchi Disk (SD) value at 8' 3" feet would be reduced under these conditions.

Section 4: Conclusion

Lake Cypress is a small lake (16.3 acres) that would be considered in the mesotrophic (good) category of lakes based on water chemistry. It has a healthy concentration of aquatic vegetation. About 56% of the open water areas contain submerged vegetation and this vegetation helps to maintain the nutrient balance in the lake as well as provide good fish habitat. The lake has many open water areas that support various types of recreation and has a good diversity of plant species. The primary nuisance plant in the lake is Torpedo grass (*Panicum repens*). For more information and recent updates please see the Hillsborough Watershed Atlas (water atlas) website at: <http://www.hillsborough.wateratlas.usf.edu/lake/waterquality.asp?wbodyid=5092&wbodyatlas=lake>

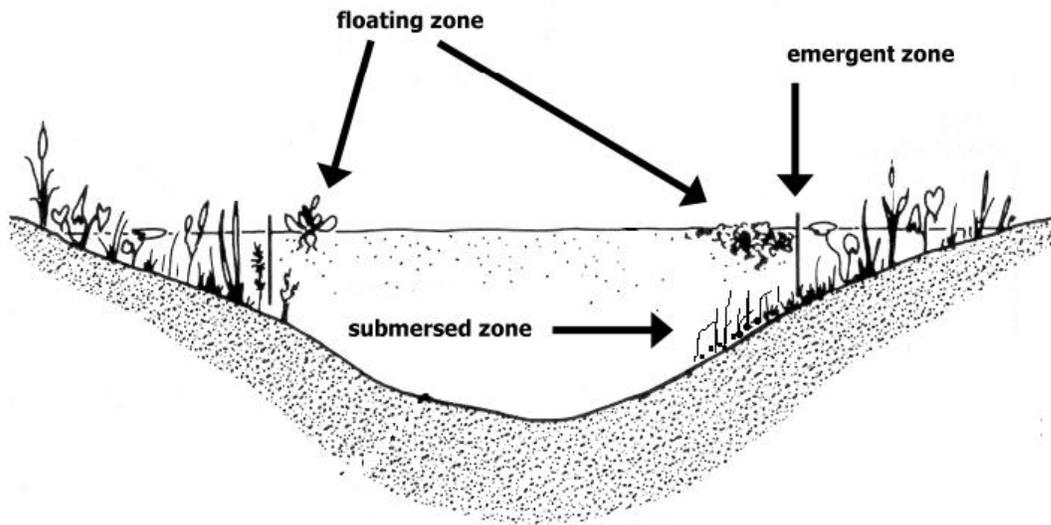
i" Trophic" means "relating to nutrition." The Trophic State Index (TSI) takes into account chlorophyll, nitrogen, and phosphorus, which are nutrients required by plant life. For more information please see *learn more* at:

<http://www.hillsborough.wateratlas.usf.edu/lake/default.asp?wbodyid=5168&wbodyatlas=lake>

ii A bathymetric map is a map that accurately depicts all of the various depths of a water body. An accurate bathymetric map is important for effective herbicide application and can be an important tool when deciding which form of management is most appropriate for a water body. Lake volumes, hydraulic retention time and carrying capacity are important parts of lake management that require the use of a bathymetric map.

iii WAAS is a form of differential GPS (DGPS) where data from 25 ground reference stations located in the United States receive GPS signals from GPS satellites in view and retransmit these data to a master control site and then to geostationary satellites. The geostationary satellites broadcast the information to all WAAS-capable GPS receivers. The receiver decodes the signal to provide real time correction of raw GPS satellite signals also received by the unit. WAAS enabled GPS is not as accurate as standard DGPS which employs close by ground stations for correction, however; it was shown to be a good substitute when used for this type of mapping application. Data comparisons were conducted with both types of DGPS employed simultaneously and the positional difference was determined to be well within the tolerance established for the project.

iv The three primary aquatic vegetation zones are shown below:



v lake is impaired if " (2) For lakes with a mean color less than or equal to 40 platinum cobalt units, the annual mean TSI for the lake exceeds 40, unless paleolimnological information indicates the lake was naturally greater than 40, or For any lake, data indicate that annual mean TSIs have increased over the assessment period, as indicated by a positive slope in the means plotted versus time, or the annual mean TSI has increased by more than 10 units over historical values. When evaluating the slope of mean TSIs over time, the Department shall use a Mann's one-sided, upper-tail test for trend, as described in Nonparametric Statistical Methods by M. Hollander and D. Wolfe (1999 ed.), pages 376 and 724 (which are incorporated by reference), with a 95% confidence level."

Excerpt from Impaired Water Rule (IWR). Please see:
<http://www.dep.state.fl.us/water/tmdl/docs/AmendedIWR.pdf>